



## **Empire 8 2015 Women's Outdoor Track and Field All-Conference**

### **100 Meter Dash**

1 <sup>st</sup> Team – Miasia Hillman, Alfred University	12.12 #
2 <sup>nd</sup> Team – Elizabeth Dowling, Ithaca College	12.65

### **100 Meter Hurdles**

1 <sup>st</sup> Team – Christine Benway, Ithaca College	15.01
2 <sup>nd</sup> Team – Amira Dardir, Stevens Institute of Technology	15.53

### **200 Meter Dash**

1 <sup>st</sup> Team – Miasia Hillman, Alfred University	24.72 #
2 <sup>nd</sup> Team – Hannah Brackley, Nazareth College	25.54

### **400 Meter Dash**

1 <sup>st</sup> Team – Hannah Brackley, Nazareth College	56.99
2 <sup>nd</sup> Team – Morgan Mastin, St. John Fisher College	58.37

### **400 Meter Hurdles**

1 <sup>st</sup> Team – Leigh Martino, Ithaca College	1:05.88
2 <sup>nd</sup> Team – Kristin Lynn, Ithaca College	1:08.81

### **800 Meter Run**

1 <sup>st</sup> Team – Nikki Garns, Houghton College	2:18.22
2 <sup>nd</sup> Team – Samantha Goble, Nazareth College	2:18.35

### **1500 Meter Run**

1 <sup>st</sup> Team – Taryn Cordani, Ithaca College	4:40.44
2 <sup>nd</sup> Team – Alexa Rick, Ithaca College	4:48.96

### **5,000 Meter Run**

1 <sup>st</sup> Team – Kate Moyer, Stevens Institute of Technology	18:14.24
2 <sup>nd</sup> Team – Mary Baughman, Alfred University	18:19.97

### **3000 Meter Steeplechase**

1 <sup>st</sup> Team – Gabrielle LeBihan, Nazareth College	11:28.63
2 <sup>nd</sup> Team – Michaela Cioffredi, Ithaca College	11:31.69

### **400 Meter Relay (4x100)**

1 <sup>st</sup> Team – Nazareth College	49.65
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Sibongile Chisi, Taylor Pierson, Amanda Entress, Hannah Brackley  
 2<sup>nd</sup> Team – St. John Fisher College 49.93  
 Chelsea Cleveland, Jessica Colmerauer, Morgan Mastin, Chelsea Grupp

### **1,600 Meter Relay (4x400)**

1<sup>st</sup> Team – Nazareth College 4:03.87  
 Samantha Goble, Michaela Gildemeyer, Andrea Larnard, Hannah Brackley  
 2<sup>nd</sup> Team – St. John Fisher College 4:08.53  
 Jessica Colmerauer, Chelsea Grupp, Chelsea Cleveland, Morgan Mastin

### **High Jump**

1<sup>st</sup> Team – Gladys Njoku, Stevens Institute of Technology 1.72m #  
 2<sup>nd</sup> Team – Amira Dardir, Stevens Institute of Technology 1.57m

### **Pole Vault**

1<sup>st</sup> Team – Katherin Pitman, Ithaca College 3.57m #  
 2<sup>nd</sup> Team – Alex Rechen, Ithaca College 3.42m

### **Long Jump**

1<sup>st</sup> Team – Taylor Pierson, Nazareth College 5.49m  
 2<sup>nd</sup> Team – Emilia Scheemaker, Ithaca College 5.32m

### **Triple Jump**

1<sup>st</sup> Team – Emilia Scheemaker, Ithaca College 11.60m  
 2<sup>nd</sup> Team – Sarah Wiatr, Utica College 11.49m

### **Shot Put**

1<sup>st</sup> Team – Paige Willson, St. John Fisher College 13.00m  
 2<sup>nd</sup> Team – Katie Weeks, Stevens Institute of Technology 11.62m

### **Discus Throw**

1<sup>st</sup> Team – Brandy Smith, Ithaca College 46.97m #  
 2<sup>nd</sup> Team – Charis Lu, Ithaca College 36.08m

### **Hammer Throw**

1<sup>st</sup> Team – Taylor Youngkrans, St. John Fisher College 51.10m  
 2<sup>nd</sup> Team – Brandy Smith, Ithaca College 47.01m

### **Javelin Throw**

1<sup>st</sup> Team – Francesca Boylan, Ithaca College 33.54m  
 2<sup>nd</sup> Team – Katie Weeks, Stevens Institute of Technology 30.47m

# - Empire 8 Meet Record